



Sports Nutrition

AMINO CAPSULES

Item No.: 5449117

Biohealth Amino acid capsules contain a balanced and consistent quantity of essential amino acids. They also contain vitamin B1, B2, B6 and B12 as well as folic acid.

A daily dose of 2 capsules contains the following essential amino acids: 40 mg L-isoleucine (Iso), 20 mg L-leucine (Leu), 35 mg L-lysine (Lys), 20 mg L-methionine (Met), 80 mg L-phenylalanine (Phe), 40 mg L-threonine (Thr), 75 mg L-tryptophan (Try), 20 mg L-valine (Val).



Also available: Whey protein isolate

- Protein contributes to the growth and maintenance of muscle mass.
- Contains high-quality whey protein isolate
- With 26 g protein per serving
- Does not contain aspartame
- Gluten-free

Benefits

- Contains essential amino acids
- With taurine
- With vitamin B1, B2 and B6
 - Vitamin B6 contributes to normal cystein synthesis, normal energy-yielding metabolism and normal protein and glycogen metabolism.
- With vitamin B12
 - Vitamin B12 contributes to normal homocystein metabolism, normal energy-yielding metabolism and has a role in the process of cell division.
- With folic acid
- Made in Germany
- Vegan capsule shell



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 **biohealth**
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AMINO CAPSULES

Description

Food supplement with amino acids, taurine, and vitamins

Dosage per serving and use

Swallow 2 capsules chewed with plenty of water.

Before During After

Technical data

Shelf life: 30 months

Storage: Store in a cool, dry and dark place.

Packaging:



Allergy information

No allergens

Ingredients

glazing agent: hydroxypropyl methyl cellulose (vegetable capsule shell), 12.6% L-glutamine, 10.1% L-tyrosine, 8.1% L-ornithine hydrochloride, 8.1% L-phenylalanine, 7.6% L-tryptophan, taurine, 4.4% L-lysine hydrochloride, 4.0% L-isoleucine, 4.0% L-threonine, L-ascorbic acid, calcium-D-pantothenate, nicotinamide, 2.0% L-valine, 2.0% L-leucine, 2.0% L-methionine, cyanocobalamin, anti-caking agent: magnesium salts of fatty acids, thiamin hydrochloride, pyridoxine hydrochloride, riboflavin, pteroylmonoglutamic acid

Nutrients and other substances	per daily dose (2 capsules)	% NRV *
L-glutamine	125 mg	**
L-tyrosine	100 mg	**
L-ornithine	62 mg	**
L-phenylalanine	80 mg	**
L-tryptophan	75 mg	**
Taurine	50 mg	**
L-lysine	35 mg	**
L-isoleucine	40 mg	**
L-threonine	40 mg	**
Vitamin C	31 mg	39
Pantothenic acid	22.5 mg	375
Niacin (mg NE)	20 mg	125
L-valine	20 mg	**
L-leucine	20 mg	**
L-methionine	20 mg	**
Vitamin B12	10 µg	400
Vitamin B1	3.2 mg	293
Vitamin B6	3.3 mg	237
Vitamin B2	3.1 mg	221
Folic acid	400 µg	200

*Percent of nutrient reference values (NRV) according to Regulation (EU) No. 1169/2011 | ** No NRV available

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