

Health Food Solutions DETOXIFYING ELIXIR

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Detox: Healthy energiser!

The main goal of detoxing is to relieve the detoxification organs – our kidneys, liver and skin.

The delicious cell protection drink from Biohealth with exotic piña colada flavour contains activated carbon as well as many valuable plant substances such as nettle leaf, grape seed and green tea extract.

Simply stir in water or mix in a shaker.



Benefits

- With activated carbon
- Contains valuable plant ingredients such as nettle leaf, grape seed, black garlic and green tea extract. As well as hawthorn berries and powdered dandelion root.
- High fibre with 5.5 g fibre per serving
- Low sugars only 1.1 g sugar per serving
- Low energy
- Tropical piña colada flavour

What is detox?

The full term, detoxification, describes the process of removing toxins from your body. An unhealthy diet and lifestyle, for instance involving lots of alcohol, stress or cigarettes can cause toxins to accumulate in the body.

Our detoxifying organs in particular – our liver, kidneys and skin – have to work overtime. When the strain is too great this is reflected in our complexion, our digestive and nervous system as well as in our emotional state.



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Health Food Solutions

DETOXIFYING ELIXIR

Description

Food supplement with activated carbon, plant substances, sugar and sweetener

Dosage per serving and use

Mix and dissolve 10 g powder in 100 ml water.

Technical data

Flavours:	
Shelf life:	
Storage:	

-	la
	Piña Colada
	24 months
	Store in a cool, dry and dark place.

Packaging:

Ingredients Inulin (chicory), activated carbon (coconut shell), papaya fruit powder (Carica papaya L.), 4.8 % pineapple fruit juice powder (Ananas comosus L.), flavouring, acid: citric acid, thickener: guar gum, nettle leaf extract 10:1 (Urtica dioica, contains 2 % silicon dioxide), 1.6 % coconut flakes (Cocos nucifera L.), 1.6 % coconut milk powder (coconut milk, glucose syrup), black radish rootstock powder (Raphanus sativus), Chinese hawthorn berry powder (Crataegus pinnatifida), dandelion root powder (Taraxacum officinale), acerola fruit juice powder (Malpighia glabra, contains 17 % vitamin C), natural flavouring, black garlic extract 10:1 (Allium sativum L.), grape seed extract 27:1 (Vitis vinifera L., contains 50 % oligomeric proanthocyanidins), Indian psyllium seed husk powder (Plantago ovata), ginger rootstock powder (Zingiber officinale L.), green tea extract (Camellia sinensis L., contains 55 % epigallocatechin gallate), sweetener: sucralose, black pepper fruit extract (Piper nigrum, contains 95 % piperine)

Nutrition Declaration	per 100 g	per serving
Energy	972 kJ / 232 kcal	97 kJ / 23 kcal
Fat	2.0 g	< 0.5 g
-of which		
saturates	1.5 g	0.2 g
Carbohydrate	23 g	2.3 g
-of which sugars	11 g	1.1 g
Fibre	55 g	5.5 g
Protein	1.0 g	< 0.5 g
Salt	0.16 g	0.02 g

Nutrients and other substances	per serving (10 g)	% NRV *
Inulin	5,3 g	**
Activated carbon	816 mg	**
Nettle leaf extract	200 mg	**
-of which silicon dioxide	4,0 mg	* *
Black radish rootstock powder	150 mg	**
Chinese hawthorn berry powder	148 mg	* *
Dandelion root powder	140 mg	**
Acerola fruit juice powder	111 mg	* *
-of which vitamin C	18 mg	23
Black garlic extract	80 mg	* *
Grape seed extract	80 mg	* *
-of which oligomeric		
proanthocyanidins	40 mg	**
Indian psyllium seed husk powder	80 mg	**
Ginger rootstock powder	60 mg	**
Green tea extract	50 mg	**
-of which epigallocatechin gallate	27 mg	* *
Pepper fruit extract	2,1 mg	**
-of which piperine	2,0 mg	**

* Percent of nutrient reference values (NRV) according to Regulation (EU) No. 1169/2011 | ** No NRV available

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