

Item No.: 5449175

A sufficient supply of folic acid during pregnancy is essential as it contributes to maternal tissue growth during pregnancy. Supplementation with folic acid is useful even before pregnancy as it also has a role in the process of cell division and contributes to the reduction of tiredness and fatigue.

This is why we have developed our **Femme Fertile Tablets** to support mothers-to-be before and at the start of pregnancy with folic acid, other vitamins, and iodine. Vitamins B12, B2 and D also contribute to the reduction of tiredness and fatigue, while B12 and folic acid have a role in the process of cell division.



Benefits

- With folic acid
- Folate contributes to maternal tissue growth during pregnancy
- Folate has a role in the process of cell division
- Folate contributes to the reduction of tiredness and fatigue
- Also contains vitamins B2, B6, B12, D, E and the mineral iodine







Description

Food supplement with vitamins and iodine

Dosage per serving and use

Swallow 1 tablet with plenty of water.

Technical data

Shelf life: 30 months

Storage: Store in a cool, dry and dark place.

Packaging:



Allergy information

No allergens

Ingredients

Corn starch, bulking agent: microcrystalline cellulose, beetroot root powder (Beta vulgaris), potassium iodide, anti-caking agent: silicone dioxide, DL-alpha-tocopheryl acetate, anti-caking agent: fatty acids, cyanocobalamin, pyridoxal 5'-phosphate, cholecalciferol, anti-caking agent: magnesium salts of fatty acids, riboflavin 5'-phosphate, sodium, (6S)-5-methyltetrahydrofolic acid, glucosamine salt

Nutrients and other substances	per daily dose (1 tablet)	% NRV *
lodine	150 µg	100
Vitamin E (mg alpha-TE)	3.0 mg	25
Vitamin B12	2.5 µg	100
Vitamin B6	1.4 mg	100
Vitamin D	5.0 µg	100
Vitamin B2	1.4 mg	100
Folic Acid	400 μg	200

itamins & iodine

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^{*}Percent of nutrient reference values (NRV) according to Regulation (EU)
No. 1169/2011 | ** No. NRV available