



Health Food Solutions

MAGNESIUM TRIO TABLETS

Item No.: 5449195

Magnesium is responsible for essential functions in the body. It is important for muscle contraction, for communication between nerve cells and between nerve and muscle cells, as well as for heart activity. This mineral also plays a part in the formation of bones and teeth. It is also essential for fat and carbohydrate metabolism.

Our Magnesium Trio Tablets combine three different magnesium compounds in the form of magnesium malate, magnesium citrate and magnesium bisglycinate, and each tablet contains 150 mg of this essential mineral.



Benefits

- With magnesium
 - Magnesium contributes to the electrolyte balance.
 - Magnesium contributes to normal functioning of the nervous system.
 - Magnesium contributes to normal muscle function.



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MAGNESIUM TRIO TABLETS



Description

Food supplement with magnesium

Dosage per serving and use

Take 1 tablet/ day.

Technical data

Shelf life: 30 months

Storage: Store in a cool, dry and dark place.

Packaging:



Allergy information

No allergens

Ingredients

Magnesium malate, bulking agent: microcrystalline cellulose, magnesium salts of citric acid, magnesium bisglycinate, anti-caking agent: magnesium salts of fatty acids and silicone dioxide

Nutrients and other substances	per daily dose (1 tablet)	% NRV *
Magnesium	150 mg	40

*Percent of nutrient reference values (NRV) according to Regulation (EU) No. 1169/2011 | ** No NRV available

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