



Health Food Solutions

HERBAL AWAKENER CAPSULES WITH CAFFEINE

Item No.: 5449215

Many people cannot start their day without their morning cup of coffee. The active substance in this popular beverage is caffeine which acts as an energising stimulant in the human body.

There are numerous plants that contain natural caffeine. They include guarana (*Paullinia cupana*), mate (*Ilex paraguariensis*) and green tea (*Camellia sinensis*).

At Biohealth International, we have developed a capsule product that contains caffeine from these three plant sources. One capsule provides the body with 65 mg caffeine and is therefore approximately equivalent to one cup of coffee, which generally provides between 40 and 120 mg caffeine.



Benefits

- 65 mg caffeine per capsule
- Caffeine content similar to a cup of coffee
- Caffeine from plant sources



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Description

Food supplement with plant substances and caffeine

Dosage per serving and use

Swallow 1 capsule unchewed with plenty of water.

Technical data

Shelf life: 30 months

Storage: Store in a cool, dry and dark place.

Packaging:



Allergen information

No allergens

Ingredients

39.7 % guarana seed extract (Paullinia cupana, contains 22 % caffeine), 17.5 % mate leaf extract 10:1 (Ilex paraguariensis, contains 8 % caffeine), 17.5 % green tea extract 8:1 (Camellia sinensis, contains 50 % polyphenols, 15 % epigallocatechin gallate and 7 % caffeine), glazing agent: hydroxypropyl methyl cellulose (vegetable capsule shell), matcha powder (Camellia sinensis)



Nutrients and other substances	per daily dose (1 capsule)	% NRV *
Acerola fruit juice extract	160 mg	**
-of which vitamin C	40 mg	50
Turmeric rootstock powder	100 mg	**
Ginger rootstock powder	50 mg	**
Cocoa extract	50 mg	**
-of which theobromine	9.5 mg	**
Ginseng root extract	30 mg	**

*Percent of nutrient reference values (NRV) according to Regulation (EU) No. 1169/2011 | ** No NRV available

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