



Health Food Solutions

HOT LEMON DRINK

Item No.: 5449228

When it's cold outside and the weather is changeable, the risk of getting a cold increases. As a little immunity booster and comforting cup of goodness, we recommend our hot lemon. The natural vitamin C of this yellow power-packed fruit is said to support the immune system. But vitamin C doesn't tolerate too much heat, so please don't take "hot" literally. Warm water is perfectly good enough to mix our delicious lemon powder.

Besides the well-known all-rounder that is vitamin C, our powdered blend also contains zinc and vitamin B2 (riboflavin). These two micronutrients also contribute to supporting the immune system. One sip of our natural lemon flavour, which is based on lemon fruit juice powder and natural lemon flavouring, takes you straight from foul weather to sunnier climes. We also offer hot raspberry as an alternative.

As well as supporting your immune system, vitamin C and B2 reduce tiredness and fatigue, and support your energy metabolism. Vitamin B2 also contributes to normal psychological function – helping you ride out the time until spring.



Benefits

- With vitamin C, vitamin B2 and zinc
- Vitamin C, riboflavin and zinc contribute to the normal function of the immune system
- Vitamin C and riboflavin contribute to the reduction of tiredness and fatigue as well as to normal energy-yielding metabolism
- Riboflavin contributes to normal psychological function
- Contains concentrated lemon fruit juice powder and natural lemon flavouring



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Description

Food supplement with vitamin C, B2, zinc, sugar and sweetener

Dosage per serving and use

Add 5 g powder to 200 ml of hot (not boiling) water and mix it.

Technical data

Flavours: Lemon, raspberry
 Shelf life: 18 – 24 months, depending on the packaging format
 Storage: Store in a cool, dry and dark place.

Packaging: 

Ingredients

Dextrose, L-ascorbic acid, acid: citric acid, natural lemon flavouring, anti-caking agent: silicon dioxide, 1.5 % lemon fruit juice powder (Citrus limon L.), sweetener: sodium cyclamate, zinc gluconate, riboflavin

Nutrition Declaration	per 100 g	per serving (5g)
Energy	1456 kJ / 348 kcal	73 kJ / 17 kcal
Fat	< 0.5 g	< 0.5 g
-of which saturates	< 0.1 g	< 0.1 g
Carbohydrate	78 g	3.9 g
-of which sugars	74 g	3.7 g
Fibre	< 0.5 g	< 0.5 g
Protein	< 0.5 g	< 0.5 g
Salt	0.23 g	< 0.01 g

Nutrients and other substances	per serving (5g)	% NRV *
Vitamin C	300 mg	375
Zinc	5.0 mg	50
Vitamin B2	1.4 mg	100

* Percent of nutrient references values (NRV) according to Regulation (EU) Nr. 1169/2011 | ** No NRV available

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