



Health Food Solutions

BREAKFAST SHAKE

Item No.: 5449234

Oats have been an integral breakfast ingredient for centuries – they are high in carbohydrates while being low in sugar.

Our breakfast shakes also include popular cereals. Whole-meal oat flour and inulin enrich the shakes as added fibre-rich ingredients.

Our apple and cinnamon shake has an intensely fruity flavour from the 15% apple juice powder and selected natural flavourings. A pinch of cinnamon sweetens your start to the day.

The shredded coconut in our blueberry and coconut shake instantly puts you in a holiday mood and blends perfectly with the sweet and sour flavour of the blueberry powder and natural flavourings.



Benefits

- High fibre content
- Contains oats, wholemeal oat flour and inulin as sources of fibre
- Fruit powders and natural flavourings combine to give an incredibly delicious, fruity flavour for your morning shake



BHI Biohealth International GmbH
Heinrich-Wirth-Straße 13
D-95213 Münchberg
Germany

T +49 (0)9251 870 87-20
F +49 (0)9251 870 87-50
request@biohealth-int.com


www.biohealth-int.com

 **biohealth**
INNOVATION FOR YOUR SUCCESS

Health Food Solutions

BREAKFAST SHAKE

Description

Flavoured oat flakes mixture

Dosage per serving and use

For one portion add 50 g powder to 150 ml water and mix it.

Technical data

Shelf life: 18 – 24 months, depending on the packaging format

Storage: Store in a cool, dry and dark place.

Packaging: 

Ingredients (Blueberry Coconut)

Oat flakes, wholemeal oat flour, maltodextrin, 10 % bilberry fruit juice powder, inulin (chicory), raw cane sugar, 5 % coconut milk powder (coconut milk, glucose syrup), 5 % coconut flakes, date granules (sucrose, date juice), natural flavouring, emulsifier: lecithins, thickener: guar gum and xanthan gum, acid: citric acid, salt



Nutrition Information ¹	per 100 g powder	per Portion (50 g powder)
Energy	1649 kJ / 394 kcal	825 kJ / 197 kcal
Fat	9.7 g	4.8 g
-of which saturates	5.4 g	2.7 g
Carbohydrate	65 g	32 g
-of which sugars	18 g	8.8 g
Fibre	13 g	6.3 g
Protein	6.8 g	3.4 g
Salt	0.24 g	0.12 g

All data are subject to usual variations in natural products.

¹Blueberry Coconut Flavour

All information provided by our company, including recommendations, is intended solely for business users (business to business) and not for end users. It is the responsibility of the food company whose name is used to market the product to ensure that this product fulfils the applicable legal food safety requirements, particularly with regard to claims and the packaging presentation. The information provided by our company conforms to the recognised state of knowledge and practice; however, it does not relieve the respective food company from its responsibility and commitment to carry out in-depth testing of its product. The provision of any product information in relation to its use does not represent any explicit or implied guarantee for the suitability of the product for a specific purpose.



BHI Biohealth International GmbH
Heinrich-Wirth-Straße 13
D-95213 Münchberg
Germany

T +49 (0)9251 870 87-20
F +49 (0)9251 870 87-50
request@biohealth-int.com


www.biohealth-int.com

 **biohealth**
INNOVATION FOR YOUR SUCCESS