



## Weight Management

# GLUCO PLUS CAPSULES

Item No.: 5449120

Glucosamin is a dietary fibre derived from konjac root and helps with weight management as part of a low-calorie diet. Glucosamin + chromium ideally support your diet, providing 3g glucosamin per daily serving. Chromium helps to maintain healthy blood sugar Levels and to a healthy metabolism of macronutrients.



**Have you already tried our meal replacement shake ...**

... in delicious vanilla and raspberry & passion fruit flavours?

The meal replacement High Protein 60 developed by Biohealth is a tasty meal replacement with a high protein content of 26g per serving. Used to replace your main meal, it supports a weight management diet. The high protein content helps build and maintain muscle mass.

### Benefits

- Contains glucosamin (3g per daily dose)
- With chromium  
Chromium helps maintain normal blood sugar levels and a healthy macronutrient metabolism
- With zinc, vitamin C, vitamin B6
- Does not contain magnesium stearate
- Vegan
- Sugar-free
- Lactose-free
- Gluten-free



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### Description

Nutritional supplement with glucomannan, vitamins and minerals

### Dosage per serving and use

Swallow 2 capsules 3 times a day with plenty of water.  
Before  During  After

### Technical data

Shelf life: 30 months  
Storage: Store in a cool, dry and dark place.

Packaging:

### Allergy information

No allergens

### Ingredients

67.5% konjac root powder (*Amorphophallus konjac*, contains 95% glucomannan), casing: hydroxypropyl methyl cellulose (vegetable capsule casing), bulking agent: microcrystalline cellulose, zinc gluconate, L-ascorbic acid, pyridoxine hydrochloride, chromium picolinate

### Note

For consumers who have difficulty swallowing or who drink insufficient fluids, please be advised that there may be a risk of suffocation. It is advisable to swallow glucomannan with plenty of water for the glucomannan to reach the stomach.

Nutrients and other substances	per daily dose (6 capsules)	% NRV *
Konjac root	3.1 g	**
-of which glucomannan	3.0 g	**
Zinc	9.0 mg	90
Vitamin C	60 mg	75
Vitamin B6	1.8 mg	129
Chromium	6.0 µg	15

\*Percent of nutrient reference values (NRV) according to Regulation (EU) No 1169/2011 | \*\* No NRV available

Avoid taking any other nutritional supplements that contain zinc.

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