

# Item No.: 5449121

More than just caffeine: Our Sports Effect capsules also contain quercetin, creatine and several essential amino acids to supplement your training and ensure maximum athletic performance.

Due to their optimum bioavailability, our capsules offer an ideal intake and utilisation of the high-quality ingredients!

Maximum quality: Our mission is to provide our customers with the best, most effective products possible that meet our strict quality requirements.



## **Benefits**

- With creatine and caffeine
- With quercetin
- With many essential amino acids
- Vegan capsule shell
- Made in Germany





## **Description**

Food supplement with amino acids, creatine, caffeine and quercetin

## Dosage per serving and use

Swallow 1 capsule unchewed with plenty of water.

Before **U** During **D** After **U** 

#### **Technical data**

30 months Shelf life:

Storage: Store in a cool, dry and dark place.

Packaging:

## **Allergy information**

No allergens

## Ingredients

Glazing agent: hydroxypropyl methyl cellulose (vegetable capsule shell), L-leucine, L-arginine hydrochloride, L-ornithine hydrochloride, L-isoleucine, L-valine, creatine monohydrate, L-cysteine hydrochloride, L-tyrosine, caffeine, L-phenylalanine, L-threonine, L-histidine, anti-caking agent: magnesium salts of fatty acids, quercetin, L-lysine hydrochloride, L-methionine, L-tryptophan

### Note

Contains caffeine (32 mg per daily intake). Not recommended for children or pregnant women.

Nutrients and other substances	per daily dose (1 capsule)
Caffeine	32 mg
Creatine	41 mg
L-arginine	58 mg
L-cysteine	32 mg
L-histidine	23 mg
L-isoleucine	58 mg
L-leucine	115 mg
L-lysine	11 mg
L-methionine	12 mg
L-ornithine	50 mg
L-phenylalanine	29 mg
L-threonine	29 mg
L-tryptophan	12 mg
L-tyrosine	46 mg
L-valine	58 mg
Quercetin	13 mg

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