Sports Nutrition PURE WHEY

Item No.: 5449126

Whey protein belongs to the group of fast, regenerative proteins with a high-quality amino acid composition and high levels of beneficial BCAAs. Pure Whey contains pure whey protein isolate, is low in fat (< 1.5 g/serving) and low in sugar (0.7 g/ 250 ml serving) because of the low carbohydrate level.

26 g of protein per serving contributes to the growth and maintenance of muscle mass.

With their comprehensive know-how, the experts at BHI have developed a shake that dissolves easily, without forming foam. Simply add water or milk, shake, and enjoy.



Benefits

 Proteins contribute to the growth and maintenance of muscle mass

beverage powder based on whey protein isolate

- Contains high-quality whey protein isolate
- With 26 g protein per serving
- No aspartame
- Gluten-free



Also available: whey protein mix

- High-quality whey mix made from whey protein concentrate and whey protein isolate.
- Contains 23 g protein per serving.
- Rapidly transported to the muscles, it is a readily available source of nitrogen to synthesise vital amino acids in the muscles.

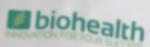


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Description

Flavoured beverage powder based on whey protein isolate with sweeteners

Dosage per serving and use

Quickly stir 30 g of the powder into 250 ml water or use a shaker.

Technical data

Flavours:	Vanilla, chocolate, strawberry,		
	unflavoured, choco brownie		
Shelf life:	18 – 24 months, depending on the		
	packaging format		
Storage:	Store in a cool, dry and dark place.		

Packaging:

Ingredients (unflavoured)

99% **whey** protein isolate (**whey** protein, emulsifier: lecithins), flavouring, thickener: guar gum, anticaking agent: silicon dioxide, salt, sweetener: sucralose and acesulfame K



Nutrition Declaration	per 100 g	per serving (30g)	
Energy	1615 kJ / 386 kcal	484 kJ / 116 kcal	
Fat	4.0 g	1.2 g	
-of which			
saturates	0.8 g	0.2 g	
Carbohydrate	2.3 g	0.7 g	
-of which sugars	1.8 g	0.5 g	
Fibre	< 0.5 g	< 0.5 g	
Protein	85 g	26 g	
Salt	0.50 g	0.15 g	

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