Sports Nutrition ORGANIC MULTI PROTEIN SHAKE

Item No.: 5449239

Organic products are enjoying steadily increasing popularity. The same goes for protein powder.

Our organic chocolate multi-protein shake is the ideal choice for everyone wishing to boost their protein levels after sport, while also being mindful that the ingredients are produced organically.

With 16g protein per serving, the shake is a substantial source of protein! The proteins in this shake come from five different plant-based sources – two of them are sprouted – and contribute to maintaining and growing muscle mass.



Benefits

- Organic grade
- Protein source
- 16 g protein per serving
- Contains 5 different plant proteins from pea, sunflower, hemp, flaxseed and pumpkin
- Sprouted hemp seeds and flaxseed protein
- Protein contributes to growth and maintenance of muscle mass



Also available: whey protein mix

• High-quality whey mix made from whey protein concentrate and whey protein isolate.

- Contains 23 g protein per serving.
- Rapidly transported to the muscles, it is a readily available source of nitrogen to synthesise vital amino acids in the muscles.



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Sports Nutrition

ORGANIC MULTI PROTEIN SHAKE

Description

Flavoured beverage powder

Dosage per serving and use

For one portion add 30g powder to 200 ml water and mix it.

Technical data

Shelf life: 18 – 24 months, depending on the packaging format

Storage:



Packaging:



Ingredients

60.0 % organic pea protein isolate, organic coconut blossom sugar (Cocos nucifera), 10.5 % organic cocoa powder, natural cocoa flavouring, 1.5 % organic sunflower seed protein powder, 1.5 % organic hemp seed protein podwer (germinated), 1.5 % organic flax seed protein powder (germinated), 1.5 % organic pumpkin seed protein powder, thickener: xanthan gum



Nutrition Information	per 100 g powder	per serving (30 g powder)
Energy	1646 kJ/393 kcal	494 kJ/118 kcal
Fat	8.1 g	2.4 g
-of which		
saturates	2.0 g	0.6 g
Carbohydrate	23 g	6.8 g
-of which sugars	17 g	5.0 g
Fibre	7.9 g	2.4 g
Protein	54 g	16 g
Salt	1.8 g	0.53 g

All data are subject to usual variations in natural products.

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